

## **PHYSICAL EXAMINATIONS OF STUDENTS**

The Commonwealth of Massachusetts and the Massachusetts Department of Public Health mandate a specific number of assessments and screenings to be conducted in public schools (M.G.L. c.71, s.57).

Every student will be required to provide a copy of a general physical examination at the following times: upon entering school, and upon entering the fourth, seventh and tenth grades. The results of these examinations will be a basis for determining, if any, corrective measures or modifications of school activities. Medical records are updated with all new information. All the health records are kept secure and confidential in the health office.

Mandated health screenings will be conducted during the school year by the school nurse. These include growth, spinal, hearing, and vision. The school nurse will notify any parent, in writing, of any student that fails a screening to allow them to follow up with their own physicians.

All students participating in interscholastic athletics are required to have a signed consent form and a copy of a current physical examination performed by the student's primary care provider. This must state that the student has no restrictions and may participate in athletics.

When a student is sick or injured at school an assessment and/or examination will be done by the school nurse. All visits to the health office are documented. Follow-up with the parent/guardian will be done as needed.

*\* NOTE: Department of Health Regulations call for vision screenings in Grades 1-5, once between 6-8, and once between 9-12; hearing screenings in grades 1-3, once between 6-8, and once between 9-12; BMI in grades 1, 4, 7, 10.*

LEGAL REFS.: M.G.L. [71:53](#); [71:54](#); [71:56](#); [71:57](#)  
[105 CMR 200](#)

CROSS REF.: [JF](#), School Admissions

Approved: May 27, 2014